

Taylor E. Penwell, B.A.

Formerly Gardner; (she/her/hers)

<https://orcid.org/0000-0002-2959-0986>

EDUCATION

2023 – present **University of Montana**, Missoula, MT

Doctor of Philosophy in Clinical Psychology

Advisor: Caitlin Martin-Wagar, Ph.D.

2015 – 2019 **Ohio University**, Athens, OH

Bachelor of Arts in Psychology | Minor: Biological Sciences

Graduated with Departmental Honors

Undergraduate Honors Thesis: Examining the relationship between disordered eating, impulsivity, and risky decision making in a high-risk drinking sample: Are there gender differences? | Advisor: Julie Suhr, Ph.D.

SCHOLARSHIPS & AWARDS

2024 The Marilyn & Clyde Crego Research Development Fund, Department of Psychology, University of Montana, Award: \$1,000

2024 Bertha Morton Scholarship, awarded to the top 5% of graduate students at the University of Montana, University of Montana, Award: \$3,000

2024 Dr. and Mrs. Morton D. Greenberger Scholarship, University of Montana, Award: \$1,250

2019 Department of Psychology Outstanding Graduating Senior Award, Department of Psychology, Ohio University, Award: \$250

2018 – 2019 Psi Chi Undergraduate Scholarship, 1 of 8 chosen from 165 applicants, Psi Chi International Honors Society in Psychology, Award: \$3,000

2018 – 2019 Deans Scholarship, Ohio University, Award: \$1,250

2018 – 2019 Psychology Research and Teaching Endowment: Undergraduate Scholarship, Department of Psychology, Ohio University, Award: \$1000

2018 National Institute on Alcohol Abuse and Alcoholism (NIAAA) funded Research Fellowship, University of Kentucky Summer Training in Alcohol Research (UK STAR), University of Kentucky, Award: \$4000

2015 – 2019 OHIO Achievement Scholar, Ohio University, Award: \$1000 per year

2017 – 2018 Gaige B. Paulsen Endowment Scholarship, Department of Psychology, Ohio University, Award: \$1000

HONORS

2024 Department of Psychology Nominee, 1 of 3 Psychology Graduate Students Nominated, Bertha Morton Scholarship, University of Montana

2019 Celebrating Women Leaders Award, Women's Center, Ohio University

2018 First Place Psychology Division, Research and Creative Activity Expo, Ohio University

2018 Celebrating Women Leaders Award, Women's Center, Ohio University

2017 Nominee, Outstanding Learning Community Leader, Ohio University

2017 Psychology Honors Program, Ohio University

2016 Brilliant Effort and Excellent Performance (BEEP) Award, Biopsychosocial Examination of Eating Patterns Lab, Psychology Department, Ohio University

2015 – 2017 Dean's List, College of Arts and Sciences, Ohio University

SUBMITTED GRANTS & FELLOWSHIPS

2024 Psi Chi Graduate Research Grant: Describing and Understanding the Use of Anonymous Groups for Eating Disorder Recovery: A Mixed Methods Study (Not awarded): \$3,500

- Role: Principal Investigator

2023 National Science Foundation Graduate Research Fellowship Program: Psychological and Physiological Responses to Weight Stigma: The Role of Affect Regulation (Not awarded): \$159,000

- Role: Principal Investigator

PEER-REVIEWED PUBLICATIONS * Mentee ** co-first authorship

7. Penwell, T. E., Bedard, S. P., Erye, R., & Levinson, C. A. (2024). Barriers to eating disorder treatment access in the United States: Estimates of perceived inequities among reported treatment seekers. *Psychiatric Services*.
<https://doi.org/10.1176/appi.ps.20230193>
6. Penwell, T. E., Smith, M., Ortiz, S. N., Brooks, G., & Thompson-Brenner, H. (2024). Traditional versus virtual partial hospital programme for eating disorders: Feasibility and preliminary comparison of effects. *European eating disorders review: the journal of the Eating Disorders Association*, 32(2), 163-178. <https://doi.org/10.1002/erv.3031>

5. Christian, C. B.** , Nicholas, J. K.** , **Penwell, T. E.**, & Levinson, C. A. (2023). Profiles of experienced and internalized weight-based stigma in college students across the weight spectrum: Associations with eating disorder, depression, and anxiety symptoms. *Eating Behaviors*, 50, 101772. <https://doi.org/10.1016/j.eatbeh.2023.101772>
4. Nicholas, J. K., **Penwell, T. E.**, Christian, C. B., Overberg-Wagoner, K., Peiper, N. C., & Levinson, C. A. (2023). Eating disorder screening and treatment in a medically underserved state: Data collected by a legislative eating disorder council and implications for statewide assessment. *Administration and policy in mental health*, 50, 342-355. <https://doi.org/10.1007/s10488-022-01240-z>
3. *Banet, J. D., Nicholas, Julia; **Penwell, T. E.**, Hunt, R., & Levinson, C. (2022). Emotion regulation tendencies moderate momentary associations between sadness, binge urges, and overeating. *The Cardinal Edge*, 2(1). <https://ir.library.louisville.edu/tce/vol2/iss1/1>
2. Levinson, C. A., Ralph-Nearman, C., Brown, M. L., **Gardner, T.**, Cardi, V., Treasure, J., Purves, K., Eley, T. (2021). A pilot randomized control trial of a relapse prevention online exposure protocol for eating disorders and mechanisms of change: A registered report. *International Journal of Eating Disorders*, 54(11), 2066-2074. <https://doi.org/10.1002/eat.23603>
1. Thompson-Brenner, H., Singh, S., **Gardner, T.**, Brooks, G. E., Smith, M. T., Lowe, M. R., & Boswell, J. F. (2021). The Renfrew Unified Treatment for Eating Disorders and Comorbidity: Long-term effects of an evidence-based practice implementation in residential treatment. *Frontiers in psychiatry*, 12, 641601. <https://doi.org/10.3389/fpsyt.2021.641601>

MANUSCRIPTS SUBMITTED & UNDER REVIEW** co-first authorship

2. Crumby, E. **, **Penwell, T. E.** **, Butler, R., Ortiz, A.M., Fitterman-Harris, H., & Levinson, C. A. (Manuscript submitted for publication). *Examining differences in treatment outcomes for those with anorexia nervosa versus atypical anorexia nervosa: Preliminary outcomes from two pilot trials*. Department of Psychological and Brain Sciences, University of Louisville.
1. Martin-Wagar, C. A., Melcher, K. A., Attaway, S. E., Bennett, B. L., Thompson, C., Kronenberger, O., & **Penwell, T. E.** (Manuscript under review). *Does terminology matter when measuring stigmatizing attitudes about weight? Examination of a modified Attitudes Toward Obese Persons Scale*. Department of Psychology, University of Montana.

MANUSCRIPTS IN PREPARATION

6. Hunt, R. A., **Penwell, T. E.**, & Levinson, C. A. (Manuscript in preparation). *"I don't deserve to eat": Preliminary characterization of the real-time monitoring of the role of self-critical/punishing cognitions in individuals with eating disorders*. Department of Psychological and Brain Sciences, University of Louisville.
5. Crumby, E., **Penwell, T. E.**, Banet, J., Ortiz, A.M., & Levinson, C. A. (Manuscript in preparation). *Clinical characteristic and demographic differences in those with traditional core eating disorder symptoms and those with non-traditional symptoms*. Department of Psychological and Brain Sciences, University of Louisville.
4. Striegel Weissman, R., Martin-Wagar, C., Attaway, A., **Penwell, T. E.**, Hogan, A., & Pruscino, I. (Manuscript in preparation). *Taking steps towards a consensus on night eating syndrome diagnostic criteria*. Department of Psychology, University of Montana.
3. Attaway, A., **Penwell, T. E.**, Hogan, A., Pruscino, I., Striegel Weissman, R., Martin-Wagar, C. (Manuscript in preparation). *Who is included in studies of night eating syndrome? A scoping review of reported participant characteristics*. Department of Psychology, University of Montana.
2. **Penwell, T. E.**, Bedard, S. P., Eyre, R., & Levinson, C. A. (Manuscript in preparation). *Public and private insurance impede access to quality eating disorder treatment*. Department of Psychological and Brain Sciences, University of Louisville.
1. **Penwell, T. E.** & Martin-Wagar, C. (Manuscript in preparation). *Treatment presentations of individuals who previously participated in weight loss programs and eating disorder anonymous groups*. Department of Psychology, University of Montana.

TRAININGS

1. Martin-Wagar, C. & **Penwell, T. E.** (2024, August). *Increasing Cultural Competency with Higher-Weight Clients: Addressing Weight Stigma in Psychotherapy*. [Skills-building session]. American Psychological Association, Seattle, WA.

ORAL PRESENTATIONS

10. **Penwell, T. E.**, Bedard, S. P., Eyre, R., & Levinson, C. A. (2024, November). Insurance impacts barriers to quality eating disorder treatment access in the United States. In C. Stern (Chair), *Diversity in eating disorders treatment: understanding divergent experiences and working towards equitable care* [Paper presentation]. 58th Annual Meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
9. Ralph-Nearman, C., Glatt, S., Pasquariello, K., Hooper, M., **Penwell, T. E.**, McCarthy, A. M., Williams, B., Levinson, C. A. (2024, November). Using Network Analysis to

- Identify Key and Pathway Symptoms Among Sleep Disturbance Symptoms in Eating Disorder Samples and Co-occurring Post-Traumatic Stress Disorder. In E. Lampe & S. Shankar Ram (Chairs), *Leveraging advanced technology and data analytics to better understand the role of sleep dysregulation in eating disorders*. [Paper presentation]. 58th Annual Meeting of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
8. Ralph-Nearman, C., **Penwell, T. E.**, Glatt, S., McCarthy, A. M., Williams, B., Levinson, C. A. (2023, November 18). Examining the Frequency of Sleep Disturbance Symptoms in Eating Disorder Samples with Co-occurring Post-traumatic Stress Disorder Symptoms vs. Eating Disorder Symptoms Alone. In Christensen, K. (Chair) & De Young, K. (Discussant). *Expanding understanding of sleep processes and eating disorder pathology*. [Paper presentation]. 57th Annual Meeting of the Association of Behavioral and Cognitive Therapies, Seattle, WA.
 7. Smith, M. T., **Penwell, T. E.**, Brooks, G. E., & Thompson-Brenner, H. (2022, November 20). Increasing Access to Intensive Treatment for Eating Disorders: Preliminary Results from a Virtual Partial Hospital Program. In J. Boswell (Chair), *The integration of evidence-based practice and practice-based evidence in the context of measurement-based care and shifts to telehealth* [Paper presentation]. 56th Annual Association of Behavioral and Cognitive Therapies, New York, NY.
 6. **Penwell, T. E.**, Spoor, S., Eyre, R., & Levinson, C. A. (2022, November 18). Barriers to quality eating disorder treatment access in the United States: Estimates of perceived inequities among reported treatment seekers. In S. Spoor & J. Nicholas (Chairs), *Barriers to treatment access among high-mortality and underserved mental health populations in the United States* [Paper presentation]. 56th Annual Meeting of the Association of Behavioral and Cognitive Therapies, New York, NY.
 5. Nicholas, J. K., **Penwell, T. E.**, Christian, C. B., Overberg-Wagoner, K., Peiper, N. C., & Levinson, C. A. (2022, November 18). Eating disorder assessment and treatment practices in primary care in a rural state: Leveraging a state research council to identify provider-focused barriers to treatment. In S. Spoor & J. Nicholas (Chairs), *Barriers to treatment access among high-mortality and underserved mental health populations in the United States* [Paper presentation]. 56th Annual Association of Behavioral and Cognitive Therapies, New York, NY.
 4. Smith, M., **Gardner, T.**, & Thompson-Brenner, H. (2021, June 10). *Increasing access to treatment for eating disorders: Preliminary results from a virtual partial hospital program* [Pre-recorded paper presentation]. 2021 International Conference for Eating Disorders, Virtual Conference.
 3. Thompson-Brenner, H., Singh, S., **Gardner, T.**, Brooks, G., & Boswell, J. F. (2021, June 10). *Long-term effectiveness of an evidence-based practice implementation in residential*

- treatment for eating disorders* [Pre-recorded paper presentation]. 2021 International Conference for Eating Disorders, Virtual Conference.
2. Hamilton, K., Zoccola, P. M., Manigault, A. W., Woodyard, T. **Gardner, T.**, & Drozek, D. (2019, March 9). *Impact of a comprehensive lifestyle intervention on pain, depressed mood, stress, inflammation, and telomeric activity among individuals with chronic pain* [Paper presentation]. 77th Annual Scientific Meeting of the American Psychosomatic Society Conference, Vancouver, BC.
 1. **Gardner, T.**, Peterson, S., & Smith, G. (2018, July 27). *The reciprocal relationship between affective lability and alcohol use* [Oral presentation]. University of Kentucky Summer Training for Alcohol Research Symposium, Lexington, KY.

INVITED TALKS

2. **Penwell, T. E.** (2024, April 30). *Laboratory for Eating Disorders and University of Montana Eating Disorder Training Clinic* [Invited presentation]. University of Montana Psychology Club, Missoula, MT.
1. **Penwell, T. E.** (2023, September 26). *Barriers to accessing mental health treatment in the United States*. [Invited presentation]. Eating Anxiety Treatment Lab Research Assistant Meeting, Virtual.

POSTER PRESENTATIONS *Indicates Undergraduate/Post-Bacc Mentee

17. **Penwell, T.**, Attaway, S., Hogan, A., Pruscino, I., Striegel Weissman, R., Martin-Wagar, C. (2024, September). *Who is included in studies of night eating syndrome? A scoping review of participant characteristics*. [Poster]. XXXXth Annual Meeting of the Eating Disorders Research Society, Sitges, Spain.
16. Striegel Weissman, R., Hogan, A., Pruscino, I., **Penwell, T.**, Attaway, S., Martin-Wagar, C. (2024, September). *Comorbidity of night eating syndrome and other eating disorders: A scoping review*. [Poster]. XXXXth Annual Meeting of the Eating Disorders Research Society, Sitges, Spain.
15. **Penwell, T. E.**, Martin-Wagar, C., King, L., Thompson, C., Kronenberger, O., & Moua, G. (2024, August). *A Mixed Methods Approach to Identifying Barriers to Providing Eating Disorder Care in a Rural State*. [Poster]. American Psychological Association, Seattle, WA.
14. Attaway, S., Martin-Wagar, C., **Penwell, T. E.**, Striegel Weissman, R. (2024, March 14). *Differences in diagnostic criteria for night eating syndrome: a systematic review*. [Poster]. International Conference on Eating Disorders, New York, NY.
13. **Penwell, T. E.**, Crumby, E., & Levinson, C. A. (2023, November 19). *Characteristics of Individuals Recently Discharged from Intensive Eating Disorder Treatment and*

- Subsequent Relapse*. [Eating Disorder & Eating Behavior Special Interest Group Poster]. 57th Annual Meeting of the Association for Cognitive and Behavioral Therapy, Seattle, WA.
12. Crumby, E., **Penwell, T. E.**, & Levinson, C. A. (2023, November 19). *Clinical characteristic and demographic differences in those with traditional core eating disorder symptoms and those with non-traditional symptoms* [Poster]. 57th Annual Meeting of the Association for Cognitive and Behavioral Therapy, Seattle, WA.
 11. *Ortman, M. R., Cusack, C. E., **Penwell, T. E.**, & Levinson, C. A. (2022, December 6). *Impact of imaginal exposure therapy on obsessive compulsive and eating disorder symptoms* [Poster]. University of Louisville 492 Independent Project Symposium, Louisville, KY.
 10. Ortiz, S. N., **Penwell, T. E.**, Brooks, G., & Thompson-Brenner, H. (2022, November 19). *Examining how medical, behavioral, and emotional changes during residential treatment moderate improvements in eating disorder pathology* [Poster]. 56th Annual Meeting of the Association for Cognitive and Behavioral Therapy, New York, NY.
 9. *Hale, M., **Penwell, T. E.**, Spoor, S. P., & Levinson, C. A. (2022, November 19). *Negative and positive urgency moderate the relationship between trauma severity and purging behaviors* [Poster]. 56th Annual Meeting of the Association for Cognitive and Behavioral Therapy, New York, NY.
 8. Nicholas, J., Christian, C., **Penwell, T. E.**, & Levinson, C. A. (2022, September 16). *Weight stigma in college students across the weight spectrum: Associations with eating disorder, depression, and social anxiety symptoms* [Poster]. 2022 Annual Meeting of the Eating Disorders Research Society, Philadelphia, PA.
 7. *Banet, J., Nicholas, J., **Penwell, T. E.**, Hunt, R., & Levinson, C. A. (2022, August 5). *Emotion regulation tendencies moderate momentary associations between sadness, binge urges, and overeating* [Poster]. 2022 Summer Research Opportunity Program (SROP) Symposium, University of Louisville, Louisville, KY.
 6. **Penwell, T. E.**, Smith, M., *Khoday, A., Brooks, G., & Thompson-Brenner, H. (2021, November 16). *Examining preliminary outcomes for a virtual partial hospital program for eating disorders* [Poster]. 55th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Virtual Conference.
 5. Ortiz, S. N., Boswell, J. F., Brooks, G. E., **Gardner, T. E.**, & Thompson-Brenner, H. (2021, September 16). *Clinical characteristics and predictors of non-response to residential eating disorder treatment* [Poster]. 2021 Annual Meeting of the Eating Disorders Research Society, Virtual Conference.
 4. Thompson-Brenner, H., Singh, S., **Gardner, T.**, Brooks, G., & Boswell, J. F. (2020, October 12). *Efficacy of an evidence-based, emotion-focused treatment in residential eating disorder programs: Investigating five years of implementation data* [Poster]. 2020 Annual Meeting of the Eating Disorders Research Society, Virtual Conference.

3. **Gardner, T.**, & Suhr, J. (2018, April 12). *Examining the relationship between compensatory behaviors and alcohol use in high-risk drinkers: Are there gender differences?* Poster presented at the Ohio University Research and Creative Activity Expo, Athens, OH.
2. **Gardner, T.**, Horvath, S., & Racine, S. E. (2017, April 6). *Examining relationships between disordered eating behaviors and problematic alcohol use in college men and women.* Poster presented at the Ohio University Research and Creative Activity Expo, Athens, OH.
1. Cherry, R., Johnson, M., **Gardner, T.**, Martin, S. J., & Racine, S. E. (2016, April 15). *Do OCD compulsions correlate with restrictive eating and excessive exercise?* Poster presented at the Ohio University Research and Creative Activity Expo, Athens, OH.

RESEARCH EXPERIENCE

- 2023 – present **University of Montana Eating Disorder Training Clinic**, Missoula, MT
Graduate Clinic Assistant | Supervisor: Caitlin Martin-Wagar, Ph.D.
Responsibilities: Coordinate set up of Montana Healthcare Foundation grant and study procedures. Create and manage Qualtrics surveys. Run day-to-day administrative operations of study including participant contact, recruitment, questionnaire tracking, and treatment session tracking. Conduct intake screenings to determine appropriateness for outpatient level of care. Assist in development of training materials for student clinicians and Montana licensed mental health care providers. Create eating disorder resource lists for participants and clinicians.
- 2021 – 2024 **The Renfrew Center**, Coconut Creek, FL
Clinical Research Consultant | Supervisor: Gayle Brooks, Ph.D.
Responsibilities: Recruited, hired, and trained incoming Research Coordinator and Research Assistant on data collection, data management, data cleaning, and patient communication. Managed treatment outcome data in SPSS. Supervised Research Coordinator and Research Assistant on data management and data cleaning. Collaborated with Training Department to create training on using routine outcome monitoring for treatment plans. Coordinated and led manuscript preparations and abstract submissions to national conferences.
- 2021 – 2023 **Louisville Center for Eating Disorders, Louisville OCD Clinic, Behavioral Wellness Clinic**, Louisville, KY
Clinical Research Coordinator | Supervisor: Cheri Levinson, Ph.D.
Research Responsibilities: Oversaw data collection and data entry for partial hospital, intensive outpatient, and outpatient programs. Routinely downloaded, cleaned, and scored data. Maintained databases for each clinic

and level of care including admission, programming check-ins, discharge, and follow-up data. Updated and disseminated new research protocols, as needed. For eating disorder clients, downloaded and managed daily mealtime processing sheets.

Supervision Responsibilities: Supervised eleven clinical research assistants on day-to-day practices including data entry, patient correspondence, monitoring survey compliance, and pulling intake packets from medical records.

2021 – 2023 **Eating Anxiety Treatment Lab**, University of Louisville, Louisville, KY
Study Coordinator | Supervisors: Cheri Levinson, Ph.D.
Project: NIMH supported R34 Online Relapse Prevention Study
Study Responsibilities: Coordinated set up of grant, study procedures, and hiring postdoctoral associate. Created and managed REDCap surveys. Ran day-to-day operations of study including participant contact, study recruitment, and meeting with treatment centers across the United States. Conducted diagnostic assessment to determine eligibility. Monitored clinical deterioration during self-led online treatment sessions. Provided personalized feedback to participants between treatment sessions. Monitored study progress and ensured NIH recruitment and enrollment goals were met. Assisted with Data Safety Monitoring Board reports and presentations. Maintained up to date IRB protocols and documents. Assisted with yearly NIH progress reports. Downloaded, cleaned, scored, and merged screenings, self-report questionnaire, fear learning app data, and self-led treatment sessions in R.
Other Lab Responsibilities: Assisted with NIH (R01, R34, R21, R15), Department of Defense, and other external grant submissions by corresponding with co-investigators and expert consultants, drafting and requesting letters of support, uploading finalized documents into the submission portal, and entering modular and detailed budgets. For NIH grants, completed just-in-time requests including creating and submitting IRB documents and collecting other support documents from co-investigators. Managed social media accounts including Facebook, Instagram, Weebly website, and Twitter.

2019 – 2021 **The Renfrew Center**, Coconut Creek, FL
Clinical Research Coordinator | Supervisor: Gayle Brooks, Ph.D.
Responsibilities: Oversaw data collection at 19 residential, partial hospitalization, and intensive outpatient program locations. Quarterly downloaded, cleaned, and entered data from medical charts. Maintained residential and non-residential databases including admission, weekly, discharge, and six-month follow-up data for over 4,000 patients. Distributed customer satisfaction reports to each site quarterly. Created and presented

quarterly and yearly reports of patient outcomes. Created patient outcome reports for state audits and Joint Commission accreditation.

- 2017 – 2019 **Psychosocial Processes and Health Laboratory**, Ohio University, Athens, OH
Research Assistant | Supervisors: Katrina Hamilton, Ph.D., Peggy Zoccola, Ph.D.
Project: Impact of lifestyle changes via the Complete Health Improvement Program (CHIP) on telomerase activity and telomere length in patients with chronic pain
Responsibilities: Administered demographics questionnaire, RAND-36, Perceived Stress Scale, Multidimensional Scale of Perceived Social Support, Brief Pain Inventory Short Form, Health-Promoting Lifestyle Profile II, and Pain Resilience Scale at initial intake, 3-month follow-up, and 1-year follow-up. Entered data into Excel from all sessions and from blood draw. Observed analysis of telomerase activity, telomere length, inflammatory cytokines, blood glucose, triglycerides, CRP, LDL, and HDL. Completed training for blood borne pathogens.
- 2018 **NIAAA Funded University of Kentucky Summer Training in Alcohol Research**, University of Kentucky, Lexington, KY
Research Fellow | Supervisor: Gregory T. Smith, Ph.D.
Responsibilities: Recruited participants for a study that examined the role of shame and bulimia nervosa. Recruited participants via phone screens for a study investigating a new drinking intervention and assisted in drinking administration sessions. Conducted a literature review in the areas of affective lability and problematic drinking. Attended weekly lab meetings.
- 2017 **Behavioral Research and Assessment In Neuropsychology (BRAIN) Lab**, Ohio University, Athens, OH
Research Assistant | Supervisors: Brittini Morgan, Ph.D., Julie Suhr, Ph.D.
Project: Impulsivity and Affective Decision Making
Responsibilities: Administered informed consent, Alcohol Craving Questionnaire, Positive and Negative Affect Schedule, Affect Grid, and online questionnaires. Administered mood induction using the International Affective Picture System task, then completed computerized Iowa Gambling Task.
- 2016 – 2017 **Biopsychosocial Examination of Eating Patterns Research Lab**, Ohio University, Athens, OH
Research Assistant | Supervisors: Sarah Horvath, Ph.D., Sarah Racine, Ph.D.
Project: Eating Patterns Study

Research Responsibilities: Administered informed consent, Implicit-Association Tests, and online questionnaires. Identified the postauricular muscle and eye muscle, prepped and cleaned the skin, attached electrodes to muscle sites, and checked impedances. Collected physiological data during startle task. Entered data into SPSS for protocols and coded clinical interview.

Training Responsibilities: Served as the coordinator for four trainee research assistants, under graduate student supervision. Reviewed study protocols, conducted practice trials, provided feedback, and oversaw trainees for first assessments.

- 2016 – 2017 **Biopsychosocial Examination of Eating Patterns Research Lab**, Ohio University, Athens, OH
Research Assistant | Supervisors: Shelby Martin, Ph.D., Akanksha Srivastav, Ph.D., Sarah Racine, Ph.D.
Project: Attention Skills Examination
Responsibilities: Administered informed consent and behavioral task for which each participant was asked to not express emotion while viewing pictures, a cognitive letter circling task, and Cyberball. Measured participant height and weight. Entered data into SPSS.
- 2016 **Biopsychosocial Examination of Eating Patterns Research Lab**, Ohio University, Athens, OH
Research Assistant | Supervisors: Sarah Horvath, Ph.D., Sarah Racine, Ph.D.
Project: Effort Expenditure for Food Reward Study
Responsibilities: Facilitated informed consent, eligibility questionnaire, online questionnaires, and a modified Effort Expenditure for Rewards Task. Measured participant height and weight. Entered data into SPSS.

CLINICALLY RELEVANT EXPERIENCE

- 2023 – present **University of Montana Eating Disorder Training Clinic**, Missoula, MT
Graduate Clinic Assistant | Supervisor: Caitlin Martin-Wagar, Ph.D.
Responsibilities: Conduct intake screenings to determine appropriateness for outpatient level of care. Assess eating disorder symptomatology, suicidality, and eating disorder treatment history.
- 2021 – 2023 **The Renfrew Center**, Coconut Creek, FL
Clinical Research Consultant | Supervisor: Gayle Brooks, Ph.D.
Responsibilities: Assisted in the development of a new routine patient outcome monitoring report in existing medical record system. Worked with Business System Analyst and Data Architect to build and finalize report.

Collaborated with Corporate Training Department to develop and present a training on the new reporting system and how to utilize the report clinically to 90 clinicians and clinical supervisors.

- 2021 – 2023 **Eating Anxiety Treatment Lab**, University of Louisville, Louisville, KY
Diagnostic Assessor | Supervisor: Cheri Levinson, Ph.D.
Project: NIMH supported R34 Online Relapse Prevention Study
Responsibilities: Conducted diagnostic screenings to determine eligibility using the Structured Clinical Interview for DSM-5, Eating Disorder Diagnostic Interview, and Mini-International Neuropsychiatric Interview. Assessed medical stability using the Medical Stability Assessment, and probe treatment history using the Treatment Interview.
Assessment Hours: 255
- 2021 – 2023 **Louisville Center for Eating Disorders, Louisville OCD Clinic, Behavioral Wellness Clinic**, Louisville, KY
Clinical Research Coordinator | Supervisor: Cheri Levinson, Ph.D.
Responsibilities: Attended weekly treatment team meetings and staff trainings. Discussed research processes with admitting partial hospital and intensive outpatient program patients and answered questions regarding research processes and measures collected during and after treatment. Sent outpatient clients psychoeducation materials and coordinated appointments.
- 2022 **Eating Anxiety Treatment Lab**, University of Louisville, Louisville, KY
Group Facilitator | Supervisor: Jamie-Lee Pennesi, Ph.D., Cheri Levinson, Ph.D.
Project: Facing Eating Disorder Fears
Responsibilities: Adapted exposure modules for post-traumatic stress disorder to be used in an online, self-guided treatment of fear of weight gain for those with anorexia nervosa who have discharged from intensive eating disorder treatment.
- 2021 **Eating Anxiety Treatment Lab**, University of Louisville, Louisville, KY
Group Facilitator | Supervisors: Leigh Brosow, Ph.D., Brenna Williams, Ph.D., Cheri Levinson, Ph.D.
Project: High School Body Project
Responsibilities: Facilitated a weekly group (4 weeks total) with high school sophomores focused on challenging unrealistic beauty ideals and developing a healthy body image.
- 2019 – 2021 **The Renfrew Center**, Coconut Creek, FL

Clinical Research Coordinator | Supervisor: Gayle Brooks, Ph.D.

Responsibilities: Facilitated a weekly group for new admission patients. Provided an overview of the Renfrew Unified Treatment for Eating Disorders and Comorbidity, purpose of research and training, rationale behind emotion-focused treatment, and stages of the treatment model. Attended weekly clinical staff meetings and staff trainings on topics including weight stigma, pregnancy and eating disorders, and trauma and eating disorders.

2018 **NIAAA Funded University of Kentucky Summer Training in Alcohol Research**, University of Kentucky, Lexington, KY
Research Fellow | Supervisor: Gregory T. Smith, Ph.D.
Responsibilities: Attended clinical supervision and clinical assistant classes at University Psychological Services Center. Completed recruitment phone calls assessing current and past alcohol use, drug use, and family history.

TEACHING EXPERIENCE

2023 – present **University of Montana**, Missoula, MT
Graduate Teaching Assistant | Supervisors: Allen Szalda-Petree, Ph.D.; Yoonhee Jang, Ph.D.
Courses: PSYX400 History & System (Spring 2024); PSYX320 Advanced Research Methods (Fall 2023)
Responsibilities: Score exams and written assignments, meet with students to answer questions and provide support on assignments, provide detail feedback on written assignments.

PROFESSIONAL EXPERIENCE

2021 – 2023 **Louisville Center for Eating Disorders**, Louisville, KY
Social Media Committee | Supervisor: Kristen Butler, B.S.
Responsibilities: Created reports of patient outcomes for marketing and outreach purposes. Updated brochures for referrals and outreach. Created informational documents for outpatient providers (e.g., primary care physicians, pediatrician) to help detect eating disorder symptoms earlier and provide accurate level of care referrals.

2018 – 2019 **Learning Community Programs**, Ohio University, Athens, OH
Recruitment and Training Team | Supervisor: Wendy Rogers, M.Ed.
Responsibilities: Collaborated with a team of six learning community leaders to create ideas for recruitment of new learning community leaders. Worked with all 223 leaders to recruit qualified candidates. Restructured training of

new and returning training for Spring and Fall of 2019. Organized interviews and group evaluations of new leaders.

- 2017 – 2019 **The Athena Yearbook**, Ohio University, Athens, OH
Editor-in-Chief | Supervisor: Sarah McDowell, B.F.A.
Responsibilities: Hired Design Editor, Photography Editor, and Managing Editor, facilitated weekly meeting with the advisor and editors to create deadlines and develop a plan to meet them, worked with outside vendors for advertising, printing, and distribution, and edited drafts before printing.
- 2017 – 2019 **Psi Chi, The International Honor Society in Psychology**, Ohio University, Athens, OH
President | Supervisors: Brett Peters, Ph.D., Lindsay Dhanani, Ph.D.
Responsibilities: Oversaw and supported executive board members to organize bi-weekly meetings and social, fundraising, volunteer, and awareness events. Acted as a liaison between the club and faculty. Led executive and general body meetings.
- 2016 – 2019 **Learning Community Programs**, Ohio University, Athens, OH
Learning Community Leader | Supervisor: Susan Tice-Alicke, Ph.D.
Course(s): PSY 1090: Optimizing Your Psychology Degree
Responsibilities: Helped teach a course for first-year psychology students on how to transition into university and academic life. Independently taught several classes per semester, planned events to help create and build lasting relationships between students, helped students get involved around campus, and helped with scheduling and beginning to implement a successful college career.
- 2016 – 2019 **Department of Psychology**, Ohio University, Athens, OH
Peer-Tutor | Supervisor: Craig McCarthy, Ph.D.,
Course(s): PSY 2110: Statistics for the Behavioral Sciences; PSY 3110/6110: Advanced Statistics for the Behavioral Sciences (Graduate-level)
Responsibilities: Reviewed descriptive statistics, z-tests, t-tests, ANOVA, correlation, probability, power analysis, chi-squared goodness of fit test and test of independence, and linear regression with undergraduate and graduate students. Taught students how to use SPSS software, explore and decide on research topics for papers and presentation, and reviewed research papers.

SERVICE

2023 – present **Academy for Eating Disorders Mentor, Psychin' Out Mentor, NextGen Psych Mentor**

Responsibilities: Meet once a month to once a week to guide mentees through the graduate school application process (e.g., clinical psychology PhD, clinical mental health counseling). Review and provide feedback on CVs, personal statements, diversity statements, and other required application materials. Conduct practice interviews for pre-interviews and full interviews. Assist in decision process for applicants with multiple offers. Provide moral support and next step options for applicants who do not receive an offer. Psychin' Out and NextGen Psych are specifically for underrepresented undergraduates and post-baccalaureates interested in applying to psychology graduate programs.

MENTORSHIP

Research Mentorship:

	Name & Institution	Current Position
2022 – 2023	Madison Ortman, <i>University of Louisville</i>	Graduate Student
2022 – 2023	Jacoby Banet, <i>University of Louisville</i>	Graduated
2021 – 2023	Mattison Hale, <i>University of Louisville</i>	Medical Student
2021 – 2022	Saakshi Kakar, M.Sc., <i>University of Louisville</i>	Graduate Student

Professional Mentorship:

	Name & Institution	Current Position
2023 – 2024	Arielle Smith, <i>Northwestern University</i>	Graduate Student; NSF GRFP
2023 – 2024	Tina Feng, <i>UCLA</i>	Graduate Student
2023 – 2024	Zheng Kangning	Research Assistant
2022 – 2024	Ipek Saloman, <i>University of Iowa</i>	Research Assistant
2019 – 2020	Brooklyn Kuhn-Palmer, <i>Ohio University</i>	Licensed Mental Health Counselor

PROFESSIONAL MEMBERSHIP

2023 – present American Psychological Association
 2021 – present Association for Behavioral and Cognitive Therapy
 2020 – present Academy for Eating Disorders
 2017 – present Psi Chi, The International Honors Society in Psychology

SOFTWARE & PROGRAMMING SKILLS

Advanced

- Statistical Package for Social Sciences (SPSS)
- REDCap Survey Software
- Qualtrics Survey Software

- Zotero Citation Management

Intermediate

- R programming language